WELCOME TO FALL!

As summer winds down, I am reminded of the end of Mary Oliver’s poem, The Summer Day: “Tell me, what is it you plan to do with your one wild and precious life?” When I think of my work here at Gorton, I am humbled by how you, our community, come together here. We offer space for enrichment, for learning, for dreaming, for laughter and so much more. Join us amidst your one wild and precious life and gather in our spaces. I promise you will be glad you did.

Amy Wagliardo,
Executive Director

DON’T-MISS EVENTS AT YOUR COMMUNITY CENTER!

Toby Lightman Live in Concert
October 5 | 7:30 pm
In a world of auto-tune, Toby Lightman’s pure and soulful voice cuts through the noise. People Magazine has stated that “No small talent… Toby Lightman continues to shine a light on her knack for making rich, soulful pop”. With each song, recording or collaboration, Toby continues to hone, craft and perfect her unique sound.

Annual Block Party & Outdoor Movie
September 14 | 5:30 pm
Don’t miss our FREE family event! It’s bigger and better than ever with food trucks, costume contest, fun activities and entertainment! Plus, “Spider-Man: Into the Spider-Verse” will be shown at sundown on a huge outdoor movie screen! Bring your lawn chairs and blankets and the whole family!

Truth Be Told: A Night of Personal Storytelling – November 2 | 7:30 pm
Join us for another spectacular night of Storytelling in our John & Nancy Hughes Theater. You’ve enjoyed personal stories on NPR while sitting at your desk or driving home, but it simply can’t compare to the intimate experience of live, face-to-face storytelling. Doors open with live music at 7:30 pm.

The Best of Second City
November 16 | 7:30 pm
Sit back, relax, and laugh, with a Chicago classic, as Second City comes to Gorton with their Best of Second City show! As the world famous improv house takes a lap to Gorton, enjoy the comedy that spawned countless entertainment legends. Limited reserved seating.

Sponsored by Pamela & David Waud through the Gorton Producer Program.
American Red Cross Blood Drive | November 12 from 11:00 am-4:00 pm
Come help save lives right in your backyard! Sign up ahead of time on our website to avoid the wait.

Kids Only Holiday Shop | December 4 2:00 pm sensory shopping hour, 3:00 pm-6:00 pm boutique
A community favorite – our Kids Only Holiday Shop allows children ages four to ten to do their holiday shopping without mom or dad! Santa’s Helpers will escort your child through the boutique, visiting tables filled with items $10 and under (including tax) from local vendors and talented artisans.

Talking Baseball with Ryne Sandberg, Bill Bartholomay & Alan Nero | September 12 at 7:00 pm
Former Chicago Cubs player and National Baseball Hall of Famer Ryne Sandberg, former Atlanta Braves owner Bill Bartholomay, and sports agent Alan Nero will share favorite stories from their long history with the game and talk all things baseball, moderated by former sports columnist David Sweet.

Grotto Dance | September 27 at 7:00 pm
In response to community request, we are hosting the Grotto dance on one night! The dance will be held in both the Stuart Room and the Grotto this year! One night, two rooms, two D.J.’s! Come get your groove on, sixth graders!

PAWS Adoption Day at Gorton | September 29 2:00 pm-4:00 pm
Come with an open heart and leave with a loving companion as Gorton hosts this adoption event right in town. Applications will be processed on-site.

Renowned Author Dr. Marc Weissbluth speaks on prevention and treatment of your child’s sleep problems October 17 at 6:30 pm
Dr. Marc Weissbluth (pediatrician and author of Healthy Sleep Habits, Happy Child) gives a lecture on proper sleep and its crucial importance to healthy childhood development. There will be a 30-minute general Q&A session with the doctor after his lecture.

“Ask Us Anything” Conversation with LEAD and Simply Bee October 30 at 7:00 pm
Join Andy Duran, Executive Director of LEAD, and Audrey Grunst, LCSW & Owner of Simply Bee for a lively panel discussion where nothing is off-limits! We’ll be talking all things teens, including substance use, adolescent mental health, why young people do what they do and how parents can have effective relationships with their teens. Free event – space is limited, so register online.

Gingerbread House Decorating Party | December 15 1:00 pm-3:00 pm
Let your creative juices flow as you turn your freshly baked house into an edible masterpiece. Each $50 registration is for one gingerbread house and up to 6 people.

EVENTS THIS FALL
Grotto Dance tickets go on sale | September 10 at 10:00 am
This year the annual Grotto dance for 6th graders will be held on ONE NIGHT ONLY. The dance will be held at Gorton on September 27 in both the Stuart Room and the Grotto! Tickets sold online only starting at 10:00 am.

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Gorton Community Center’s annual fund depends on donations from Lake Forest and Lake Bluff community members like you!

It’s easy to make a difference. Every dollar donated is put to work immediately, bringing vibrancy to our community through quality classes, films and events. You have the power to create the future at Gorton!

Help us to “Educate, Entertain and Inspire!” by donating to Gorton at www.gortoncenter.org/donations or make a gift to Gorton during the online check out process on your next visit to our website!

Your donation to Gorton is 100% tax deductible.

BE A PRODUCER - SPONSOR AN EVENT!

Gorton Community Center, a private nonprofit 501(c)(3) organization, relies on the generosity of area residents and businesses to support programs and services that are offered in our historic building.

Since 1972, Gorton has been proud to enrich the lives of residents through cultural arts, education and charitable service with our mission to be the gathering place in the heart of the community where people connect, converse, learn, listen, play and perform.

We are your community center!

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BE A PRODUCER - SPONSOR AN EVENT!

SUPER EXCITING SHOW!

brought to you by - YOUR NAME HERE -

Our producer program allows you to support specific events or programs at Gorton. Or – bring an event or show of your choosing! Without your support, programs like The Best of Second City and Chicago a cappella would not be possible. Thanks to last year’s first “class” of pioneering producers, this program is rapidly growing, allowing us to bring even more to our community. Ready to become a producer? Let’s work together to find the right opportunity for YOU.

Live Music • Film • Family Events • Community Events • Children’s Programs • Comedy • Performing Arts • Take a Seat Program (Name a Seat in the Theater)

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CLASSES

ART & MUSIC

Beetles University – With Professor Moptop
Alternate Saturdays, September 7 – November 16.
1:00 pm – 3:00 pm
Class Fee: $25 Per Class
$125 Package

For the past 20 years Gregory Alexander has been heard weekly on Chicago radio (WXYT) as he portrays a character known as Professor Moptop, who teaches deep and detailed facts about the Beatles. Using audio examples and extensive research he delves deep into the subject of each song and traces it from its origins through its completion.

West African Drum Class
Wednesdays, September 11 – October 2.
6:30 pm – 8:00 pm
Class Fee: $120
Helen will share the great joy of traditional hand drumming from Guinea, West Africa! You will learn basic rhythms on dunun drums and the djembe accompaniment parts. You’ll also learn the origins of each rhythm, receive expert instruction on all instruments in the traditional djembe orchestra and deepen your understanding of the place of music, dance, and song in West African life. Helen is able to work simultaneously with students of all levels – beginner to professional.

Art Class – Wood Sign DIY with Lettering Done Wright
Thursday, November 7, 6:00 pm – 9:00 pm
Class Fee: $75
Grab a friend and join us for a night of creativity and fun! Join Nina Wright, Modern Calligrapher. Watercolor Artist and Designer Extraordinaire and make your own wooden sign! All materials provided and no experience needed! Participants will take home a two-foot wooden sign.

Camera Phone Photography
Tuesday, September 24, 6:00 pm – 7:00 pm and Saturday, October 20, 11:00 am – 12:00 pm
Class Fee: $30
Now more than ever, a smartphone camera is a convenient high-quality tool to easily take and edit terrific photos, plus seamlessly print or publish digitally. Led by Kerri Sherman, owner of Bloom & Focus - this fun class will be a game changer in enhancing your everyday phone camera images.

Palette & Pours – with Deer Path Art League
Each Class is 7:00 pm – 9:00 pm
Friday, October 4, Fall Landscape
Friday, November 1: Van Gogh Sunflowers
Friday, December 6: Paint Your Pet
A night of fun, wine and painting! Grab a friend and join other adults for a fun evening of wine and painting. Sandie Bacon will be teaching this inspiring and relaxing class at the Deer Path Art League – located on the upper floor at Gorton. No matter your talent level, we guarantee you will have an unforgettable experience and a beautiful new piece of original artwork! Ages 21 and over.

Expressions Through Drumming (Drum Circle)
Saturdays, October 5, 12 & 19.
10:00 am – 11:00 am
Class Fee: $15
We all have rhythm four heartbeat can testify to this and we all need to be heard. The purpose of a drum circle is to break down social barriers and bring people together by having a conversation through the voice of our drums. Drum circles teach us how to effectively communicate with one another through the power of listening and supporting one another in conversation/life (i.e. not playing too soft or too loud, not doing all the “talking”, meeting people where they are at, etc.). This is a great activity for the whole family – no experience necessary!

Vocal Workshop Series – with Meredith Colby
Saturdays, September 21 – October 12.
Class Fee: $75
Optional Masterclasses
Saturdays, October 26 & November 2
Class Fee: $100
Take your singing to the next level with lessons from a renowned vocalist and seasoned professional voice teacher. Meredith has successfully taught hundreds of professional and avocational singers to achieve healthy singing since 1989. Using theNeuro-Vocal Method she created, Meredith guides singers to overcome limitations and reveal new possibilities.

Sewing – Adult Sewing Basics – with Ciao Bella Sewing!
Thursdays, October 3, 9:30 am – 11:30 am. 
Class Fee: $160
During this week class, you will learn the basics of sewing! We will cover hand sewing and machine sewing and we will work on sewing buttons, mending holes, zippers and hemming pants. We will cover various sewing techniques throughout the course. Sewing supplies, including sewing machines, fabric, thread, needles, and pins, will be provided.

Adult Sewing: Cooking Aprons & Pattern Project of Your Choice – with Ciao Bella Sewing!
Thursdays, October 10 – November 21 (No Class 10/31).
9:30 am – 11:30 am.
Class Fee: $265
Dive into the world of sewing! During the first three weeks of class, you will make your own cooking apron. After completing your apron, you get to work on a pattern project of your choice. You will learn the basics of the sewing machine and gain an understanding of patterns and production. We will cover various sewing techniques throughout the course. Sewing supplies, including sewing machines, fabric, thread, needles, and pins, will be provided for the apron. Students must purchase their own pattern and fabric for their second project.

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Cooking Classes with Marina Boldrini Rivelis: Empanadas! Monday, September 23, 10:00 am – 12:00 pm or 4:00 pm – 6:00 pm Class Fee: $55 In this class, you will learn to make a favorite Hispanic staple: Arepita-style empanadas! This is a demonstration and hands-on class where you will learn how to make dough from scratch and flavorful fillings. You will make your own empanadas and bring home half dozen to bake at home (two of each flavor). Handout with recipes, techniques and secrets provided. Ages 21 and over.

Cooking Classes with Marina Boldrini Rivelis: Let’s Cook in Español! Sunday, November 3, 1:00 pm – 3:00 pm Class Fee: $55 Perfect class for an afternoon of family fun! Learn Hispanic food basics while I share Spanish vocabulary that will be useful when you travel abroad. We will mix English and Spanish in this class so it’s a great place to practice some conversational Spanish skills! Or just come for the food and learn some words and phrases in Spanish.

Holiday Cocktail Class with North Shore Distillery Sunday, November 17, 3:00 pm – 4:30 pm Class Fee: $40 Join us and one of the region’s biggest cocktail nerds, Sonja Kassebaum from North Shore Distillery, for an afternoon of delicious inspiration! Sonja will share six new cocktails for your Holiday get-togethers, using a variety of spirits, fresh ingredients and techniques. She’ll share tips for making them, as well – both for one or two cocktails, and for a party. And, of course there will be samples! Ages 21 and over.

Cooking Classes with Marina Boldrini Rivelis: Mini Dessert Cups Workshop Wednesday Nov 20, 10:00 am – 12:30 pm or 6:30 pm – 9:00 pm Class Fee: $55 Want to impress your friends and family this Holiday season? Join Marina for this workshop and learn how to make and decorate five different mini dessert cups: Mascarpone cream with amaretto and cherries. Once cookies and cream, Lemon pie with meringue, Nutella cream with Ferrero Rocher, brownie, dulce de leche cream and meringue. You will learn how to make all different fillings, decoration and presentation!

Health and Wellness Tai Chi – with Ken Ning Tuesday, December 17, 9:30 am – 10:30 am Class Fee: $15 Per Class Tai Chi is a martial art that emphasizes the weight transference to improve balance and body awareness. It’s relaxed, slow, graceful and precise body movements can enhance the strength of body and clarity of mind.

Salsa with Esther All Classes Are 9:00 am – 9:45 am Class Fee: $15 Per Class Session 1: Mondays, September 9 – 30 and Thursdays, September 12 – October 3 Session 2: Mondays, October 14 – November 4 and Thursdays, October 17 – November 7 Session 3: Mondays, November 18 – December 9 and Thursdays, November 21 – December 19 (No Class 11/28) $90 Per Class $180 Package Fall inside with the healing ancient practice of Yoga. Relax, release and renew with classical poses, breathing, meditation and deep relaxation. All levels and ages welcome! Please bring a Yoga mat, water, a small cushion and blanket.

Power Meditation – with Hollis Blume Wednesdays, September 25 – October 2 and October 16 – November 6, 9:30 am – 10:30 am Class Fee: $100 Increase your happiness! Reduce stress! Boost your immune system! Enhance your self-esteem! Even shed unwanted weight! Studies have shown that there are countless benefits to meditation and concentrated breath-work from which one can benefit in just a few short weeks. Join Hollis Blume and learn simple breathing techniques which you can incorporate into a straightforward form of extremely easy-to-learn meditation.

Project Selfy Wellness Series – Taking a Selfy from the Inside! Each Class is 6:00 pm – 7:00 pm Class Fee: $15 Per Class Tuesday, September 24: Detox with the Doc Tuesday, October 22: The Painful Truth About Neck and Back Pain and How to Get it rid of it Forever! Tuesday, November 19: Diabetes – The Toxic Truth About Sugar Essential Oils – Green Cleaning Thursday, September 26, 7:00 pm – 8:00 pm Class Fee: $20 If you do a quick Think Dirty scan of the cleaners under your sink, you may be surprised to learn that most of them have unnecessary and harmful chemicals that can contribute to asthma, chronic bronchitis, respiratory issues, skin conditions, premature puberty, mental health issues, ADHD and worse! What if you could ditch all those other cleaners for ONE concentrated and versatile plant-based cleaner that is safe for everyone in your home, including babies and pets? Each guest will make and take home one refillable + adorable cleaner, plus recipes and the peace of mind knowing you’re cleaning with the safest ingredients around your family!
Understanding Energy to Reduce Stress & Prevent Disease  
**Tuesday, October 17, 7:00 pm – 8:00 pm  
Class Fee: $30**  
We are electro-magnetic beings in constant interaction with the energy that comprises our environment, our world and our universe! Learn the basic science behind how stress hormones lower our energetic frequency and bring our bodies out of homeostasis, compromising our health and potentially leading to disease. We will explore what you can do to prevent disease from developing as a result of stress including breathing techniques and a very simple-to-learn meditation.

Middle Eastern Dance – Shimmie & Shake  
**Thursday, October 17, 7:00 pm – 8:00 pm  
Class Fee: $30**  
Are you curious about this ancient dance? It has powerful benefits for your body and soul. Learn to move like a shimer, shake, and isolate your body – for wellness. We will also practice flowing movements that help you to connect with your feminine side. Join in the fun and bring a friend! Attire: Yoga attire and coin skirt or scarf. Coin skirts available for sale before class.

NIA – With Hannah Judy Gretz  
**Fridays, November 8 – December 27 (No class 11/29), 10:00 am – 11:00 am  
Class Fee: $15 Per Class  
7 Classes for $95**  
Nia (Non-Impact Aerobics) is a full body workout that promotes agility, flexibility, strength and balance. Combining movements and concepts from healing arts, dance arts and martial arts, Nia offers traditional fitness benefits, cognitive growth and the fun of moving without judgment! to great music!

Essential Oils – Holiday Class With Tammara Mannelly  
**Monday, December 2, 10:00 am – 12:00 pm  
Class Fee: $50**  
Looking for easy DIY gift ideas this holiday season? Join Tammara Mannelly, author of ohhadi.com and Platinum leader with Young Living Essential Oils for a fun, informative and interactive workshop! Learn a bit about using essential oils and how they work with the body and how to make six fun items – from edible gifts to stocking stuffers! Items may include things like bath salts, sugar scrubs, flavored salts and sugars, and aromatherapy roll-on oils – all in pretty containers with attractive labeling. These gift ideas are great for friends, family, teachers, co-workers, kids’ classmates, and much more!

AND MORE CLASSES!  
Adult Improv Jam  
**Mondays, October 9 & 23, October 19 & 26, 6:00 pm – 7:30 pm**  
**Class Fee: $15 Per Class**  
Are you in need of some fun and creativity on a Monday night? Join Active Improv’s JAM as Ben & David spin the wheel of improv and run you through short-form improv in an exciting and casual environment. This is a great way to introduce yourself to the wonders of improv!

**Hear Their Messages – An Evening of Intuitive Readings (Animals)**  
**Thursday, September 12, 7:00 pm – 8:30 pm**  
**Class Fee: $40**  
If you are wondering what your animals (living or deceased) are thinking or feeling, join us to hear their messages. This is a small group gathering where we will hear the messages of the animals. Bring a few questions or be open to whatever messages arrive. Messages will be delivered in the small group setting, as we often can learn from one another. Feel free to bring a picture of the animal. Animals can be left in the comfort of their own homes. This is an experiential event.

How Did We Get Here? Navigating the News and Current Events with Catherine Driscoll  
**Alternating Wednesdays, September 18 – December 4, 7:00 pm – 8:30 pm**  
**Class Fee: $15**  
A journalist and professional communicator for more than 30 years, Catherine is an astute consumer of news. She shares what she’s learned in her research of Fake News. Her first presentation, “Finding Truth in an Age of Fake News” is a non-partisan discussion of the spread of Fake News and its real-world consequences. Other presentations will examine the serious issues facing our nation and explore possible ways to address them.

Canasta – For Beginners  
**Tuesday, October 1 – November 5, 1:00 pm – 3:00 pm**  
**Class Fee: $50**  
Come and learn the hottest card game in Chicago, Canasta! So much fun for all ages! Your goal is to beat your opponent by scoring more points. You score points by melding cards, and making as many canastas as possible. A canasta is a meld of at least seven cards of the same rank. Simone Bloom looks forward to teaching you this exciting game!

Mahjong  
**Tuesday, October 1, November 5, 3:00 pm – 5:00 pm**  
**Class Fee: $150**  
Mahjong is a popular Chinese game played with sets of tiles. Like many popular games, mahjong has many regional variations, but Simone Bloom will be teaching the American mahjong version with bingo-like scoring cards. American mahjong is unique from Chinese mahjong in that it utilizes pips, jacks, and “Hands and Rules” score cards. Mahjong is always played with four players seated around a table. Participants will need to purchase their Mahjong card.

Baby Massage Class  
**Thursdays, October 3 & 10, 10:00 am – 11:00 am**  
**Class Fee: $35 Per Class**  
In this two week series, new parents and caregivers are invited to learn complete strokes to the legs, tummy, back, arms, chest, face and more. Join Angela Marcotte, a pediatric physical therapist and certified infant massage educator through Infant Massage USA and learn how to massage your baby to promote development, parental bonding, milestones and more. Classes include organic oil, “I heart baby” massage bag (used for purchase only), and complimentary milestone development screen.

Introduction to Bees & Beekeeping  
**Saturday, October 12, 8:00 am – 12:00 pm**  
**Class Fee: $55 Per Class**  
Want to learn more about honey bees and pollinators? Considering beekeeping, but want to learn more before you invest? Just bought your bees and equipment, now what? Have some experience in beekeeping but not quite confident in what you’re doing? Then this class is for you! We will focus on the principles of beekeeping, the history of beekeeping, honeybee biology, plant and pollinator relationships, and essential equipment & requirements. By the end of this class, you will be ready to work your own colony the first year and be able to help experienced beekeepers with their hives. This class is part of the Midwest Master Beekeeper Program.

Learn How to Communicate with Your Animals  
**Thursday, October 10, 7:00 pm – 9:00 pm**  
**Class Fee: $60**  
Are you curious about your animal’s feelings and want to strengthen your bond with them? Animal communication is a natural ability (telepathy) that you can access with a few techniques and guidance, from Linda Roberts. She will teach you several approaches to guide you through the heart to heart connection with your animals. This is an instructional class. You may want to bring a notebook. Animals can stay comfortably at home but feel free to bring a picture to share.

Ask Jane – Financial Guidance for Women Only  
**Thursday, October 17, 7:00 pm – 8:30 pm**  
**Free**  
Want an open forum to discuss money and investing without the pressure of buying financial products? Learn about the main pitfalls women make when it comes to their money. Specific focus on helping you plan for life transitions (single, married, divorced, widowed). Come for a night of sharing, wine and light appetizers!

Wigglegirls® with Old Town School of Folk Music  
**Session 1: Tuesdays, September 3 – October 22, 9:15am – 10:15am or 10:15am – 11:00am**  
Session 1: Fridays, September 6 – October 25, 9:15am – 10:15am or 10:15am – 11:00am  
Session 2: Tuesdays, October 29 – December 17, 9:15am – 10:15am or 10:15am – 11:00am  
Session 2: Fridays, November 1 – December 27 (No class 11/29), 9:15am – 10:15am or 10:15am – 11:00am  
**Ages: 5 Months – 4 Years Old**  
**Class Fee: $25**  
Per 8-Week Session

This celebrated early childhood music program welcomes young children and their families to the world of music. Silly, musical, playful, and wonderful, Wigglegirls® is a hands-on exploration of rock, pop, folk, and fun!

Active Improv’s Fall Jr. Showcase  
**Thursdays, September 5 – October 24, 5:30 pm – 7:30 pm**  
**Ages: 10 – 14 Years Old**  
**Class Fee: $250**  
Join coaches Ben and Dave for the best showcase yet! Featuring a completely new lineup of games and exercises that will make you laugh and shine like never before, this 8 week program promises to unleash your hidden potential! Perfect for newcomers and veterans alike, our latest adventure in Improv is the perfect way to learn valuable skills all while having the time of your life. Parents, please attend the first class with your student for a brief informative meeting. Performance is October 26.

Art Workshops – with Perwinkle Studio  
**Each Workshop is Saturday, 10:00 am – 11:00 am**  
**Ages: 8 – 12 Year Olds**  
**Class Fee: $35 Per Workshop**  
**Session 14: Owl in mixed media, paint and collage on canvas**  
**Session 15: Leaf, collage an autumn piece with repurposed puzzle pieces and acrylic paint on 8” x 10” canvas**  
**Session 16: Black cat on a pumpkin stack on canvas**  
**Session 17: Leaves & Berries, collage particleboard leaves and berries with shapes cut from patterned paper and then paint with acrylic on canvas**  
**Session 18: Tree trio, a trio of trees with scrapbook paper, puzzle pieces and acrylic paint on 8” x 10” canvas**  
**Session 19: Peace, collage on canvas with your student for a brief informative meeting. Performance is October 26.**
SAT Power Classes – with Nancy Morehouse
All classes are 6:30pm – 8:30 pm
Session 1: September 30, October 1, 2 & 3
Class Fee: $80 Per Class
$290 Package
$580 Package
Session 2: October 28, 29 & 30
Class Fee: $290 Package
Session 3: December 2, 3, 4 & 5
Class Fee: $290 Package
SAT Power Classes are 2-hour, no-nonsense classes that focus specifically on a different section of the test. In just 2 hours we’ll present strategies and content essential for students who want to raise their scores.
Ready, Set, High School Success! – Planning and Prep Class
Sunday, November 17 or November 24, 2:00 pm – 4:00 pm
Age: High School Freshman
Class Fee: $75 Per Class
Get a jump on preparing for finals to help reduce the stress and anxiety for you and your teen. During the class, they will complete a week-by-week plan to prepare for their final tests and projects.

SPORTS & WELLNESS
Super Soccer Stars
Fridays, September 27 – December 20
(No Class 11/29)
Ages: 12–24 Months, 9:00 am – 9:40 am
Ages: 2 – 5 Year Olds, 9:45 am – 10:25 am
Ages: 3 – 5 Year Olds, 10:30 am – 11:15 am
Come Kick with Super Soccer Stars! At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class.
Fencing
All Classes are 5:00 pm – 6:00 pm
Mondays, October 14 – November 18
Class Fee: $125 6 Week Session
Class Fee: $144 4 Week Session
Ages: 7 – 14 Year Olds
EN GARDE, PRET? ALLEZ! The Olympic sport of fencing demands quick thinking, agility, poise and speed. Fencing also develops discipline, respect, maturity and good sportsmanship qualities that carry through to our everyday life. This class is for those new to fencing or those who would like to work on their basic fencing skills.

Healthy Warriors – Introduction to Healthy Mind & Body for Young Athletes
Sundays, October 20 and/or 27, 2:00 pm – 3:30 pm
Ages: 10 – 12 Year Olds (Boys & Girls)
Class Fee: $60
$110 Both Classes
This class focuses on nutrition and yoga. The nutrition component focuses on “food as fuel” and the benefits eating for energy. It also includes easy go-to snack recipes and samples for sports. The yoga portion will be an introduction to poses and benefits of yoga. Helping kids to create space to think positively in sports and life! This class is brought to you by Molly O’Neill of mPowering Health and Jen Buettner of JB Mindful, creators for Girl Power!

COOKING CLASSES FOR KIDS WITH KRISTIN RYAN
Kids Supper Club
Friday, September 13, 5:00 pm – 7:00 pm
Ages: 6 – 12 Year Olds
Class Fee: $60
Kid’s night out! Learn how to prepare wonderful meals and then join your friends and fellow chefs for dinner! September’s theme is chicken parmesan.
Mini Camps
All Mini Camps are 9:00 am – 12:00 pm
Ages: 6-12 Year Olds
Class Fee: $75 Per Camp
Monday, October 14: Mac & cheese and chocolate cake
Saturday, December 21: Red & green recipes and a breakfast treat to take home and share with family
Taco Tuesdays! Parent & Child
All Classes are 5:00 pm – 7:00 pm
Ages: 6 – 12 Year Olds
Class Fee: $65 Per Class/Couple
Tuesday, September 17 or October 29 or November 5
Join Kristin Ryan as she puts a fun twist on Mexican taco dishes that kids will love! This is a great opportunity to enjoy healthy new recipes that will satisfy and have kids coming back for more!

RoboThink After School Robotics Club
All Classes are 4:00pm – 5:30pm
Session 1: Thursdays, September 12 – October 24
Class Fee: $192.50
Session 2: Thursdays, November 7 – December 19 (No class 11/28)
Class Fee: $165
Ages: 6-12 Year Olds
Build amazing robots using RoboThink’s STEM program. Equipped with our innovative robotics kits, which include motors, sensors, gears and mainboards, students create robots of all shapes, sizes and functions. Engineering concepts are presented through our trained instructors and picture-based instructions. Students apply these concepts as they engage in exciting robotic challenges in a fun environment. No prior experience is required. There are different curricula to adjust for experience levels.
RoboThink Seeing Eye Robot Mini Camp
Monday, October 14, 9:00 am – 12:00 pm
Ages: 6-12 Year Olds
Class Fee: $40
Can a robot see? Ours can! Now you can build your own mini red sensor robot! Have fun as you learn how to build robots that use IR sensors, then engage them in robotics challenges in this exciting mini-camp! Our lesson plans are built around RoboThink’s innovative kits and STEM curriculum, designed by teachers and engineers. The activities are interactive, hands-on and engaging to promote learning in a fun way! No prior experience required.
RoboThink Robotic Sling Shot Mini Camp
Friday, November 8, 9:00 am – 12:00 pm
Ages: 6-12 Year Olds
Class Fee: $40
Build rubber band shooting robots and engage in a robotics challenges and battles. No prior experience required. Our lesson plans are built around RoboThink’s proprietary kits, plans and STEM curriculum, designed by teachers and engineers. The activities are interactive, hands-on and engaging to promote learning in a fun way!
SEWING CLASSES WITH CIAO BELLA SEWING
Sewing: Fashion Sewing Techniques – with CIAO BELLA SEWING!
Thursdays, September 19 – November 14 (No Class 10/31), 4:00 pm – 5:00 pm
Ages: 8 – 13 Year Olds
Class Fee: $170
New projects each session – great for new and returning students! In this eight-week course you’ll learn basic hand stitch techniques and how to use the sewing machine. By the end of the class, you will have completed at least two different projects using the sewing machine. Supplies, including fabric, thread, needles, and pins, will be provided. Students may choose to purchase additional specialty items on their own.

Sewing: Advanced Fashion Sewing Techniques – with CIAO BELLA SEWING!
Thursdays, September 19 – November 14 (No Class 10/31), 5:00 pm – 6:00 pm
Ages: 8 – 13 Year Olds
Class Fee: $180
During this advanced class, you will learn the ins and outs of sewing and patterns and advanced sewing skills. Projects will challenge sewing abilities and allow you to gain a better understanding of sewing and patterns. You must have experience using the sewing machine & have taken Fashion Sewing Techniques 1. By the end of the class you will have completed at least two different projects using the sewing machine. Sewing supplies, including fabric, thread, needles, and pins, will be provided. Students may choose to purchase additional specialty items on their own.

Sewing: School’s Off Workshop! – with CIAO BELLA Sewing!
Monday, October 14, 2:00 pm – 4:30 pm
Ages: 8 – 13 Year Olds
Class Fee: $60
Spend your day off sewing with CIAO Belta! Join us for an afternoon of sewing fun & make your very own donut pillow. This is a great way to learn about the sewing machine and have some fun. Sewing supplies, including fabric, thread, needles, and pins, will be provided. This one-day workshop is great for boys & girls!

Sewing: Adult & Me Workshop, Tote Bags – with CIAO BELLA Sewing!
Sundays, September 22 & 29, 2:00 pm – 4:00 pm
Ages: 8 – 13 Year Olds
Class Fee: $145 for Adult & Child
Sew your own Tote Bag with your dad, mom, grandma, grandpa, aunt, uncle, etc! This fun one-day workshop is designed for participants to make TWO Tote Bags. This is a great way to learn about the sewing machine and have some fun. Everyone loves a new bag that they can use while running errands, going to the gym, going to dance class & more! Sewing supplies, including fabric, thread, needles, and pins, will be provided. Students may choose to purchase additional specialty items on their own.

Sewing: Holiday Sewing Workshop – with CIAO BELLA Sewing!
Thursdays, November 21, December 5 & 12 (No Class November 28), 4:00 pm – 5:00 pm
Ages: 8 – 13 Year Olds
Class Fee: $70
Get holiday ready during this three-week sewing workshop. You will make a holiday themed project and will be able to give it as a gift to a friend, family member or keep it for yourself! Gift wrap is included. This class is great for students looking to dive into the world of sewing or continue to improve sewing skills. Sewing supplies, including fabric, thread, needles, and pins, will be provided. Students may choose to purchase additional specialty items on their own.

Sewing: Advanced Holiday Sewing Workshop – with CIAO BELLA Sewing!
Thursdays, November 21, December 5 & 12 (No Class 11/28), 5:00 pm – 6:00 pm
Class Age: 8 – 13 Year Olds
Class Fee: $75
This class is intended for advanced sewers who have taken previously taken sewing classes. Get holiday ready during this three-week sewing workshop. You will make a holiday themed project and will be able to give it as a gift to a friend, family member or keep it for yourself! Gift wrap is included. Sewing supplies, including fabric, thread, needles, and pins, will be provided. Students may choose to purchase additional specialty items on their own.

CHILD & BABYSITTING SAFETY
Sewing: Advanced Holiday Sewing Workshop – with CIAO BELLA Sewing!
Thursdays, November 21, December 5 & 12 (No Class 11/28), 5:00 pm – 6:00 pm
Class Age: 8 – 13 Year Olds
Class Fee: $75
Students will learn dining etiquette and table manners during a multi-course lunch of soup, salad, main entree and dessert. A full range of age appropriate social etiquette skills will also be taught, such as first impressions, introductions, conversation skills, cell phone etiquette, thank you notes and respectful behavior at home and in public.

AND MORE CLASSES! CONTINUED
Child & Babysitting Safety
Saturday, October 5, 9:00 am – 1:00 pm
Ages: 12 & Up
Class Fee: $55
The Child and Babysitting Safety (CABSI) program from MEDIC First Aid gives teenagers and young adults everything they need to know for safe and successful babysitting. Covers getting started with a business, dealing with parents, plus key safety, caregiving and first aid tips. This program is designed for teens and young adults interested in a babysitting business, or who have responsibility for younger family members. Students must perform required skills competently without assistance to successfully complete the class.

Children’s Etiquette Class – with the Chicago School of Etiquette
Sunday, October 20 or Sunday, December 8, 11:30 am – 1:00 pm
Ages: 7 – 12 Year Olds
Class Fee: $95
Students will learn dining etiquette and table manners during a multi-course lunch of soup, salad, main entree and dessert. A full range of age appropriate social etiquette skills will also be taught, such as first impressions, introductions, conversation skills, cell phone etiquette, thank you notes and respectful behavior at home and in public.

AND MORE CLASSES!
Spanish for Kids
Session 1: Thursdays, September 12 – October 3
Ages 3- 5: 3:00 pm – 4:00 pm
Ages 6-12: 4:00 pm – 5:00 pm
Session 2: Thursdays, October 10 – 31
Ages 3- 5: 3:00 pm – 4:00 pm
Ages 6- 12: 4:00 pm – 5:00 pm
Class Fee: $60 Per Session
Join Angie as she engages children with fun Spanish lessons that kids enjoy while playing and having fun. Students will learn basic everyday vocabulary and parents will receive a class summary after each session.

AND MORE CLASSES!
Volunteer just once or ongoing – we have many different ways you can get more involved with your community:
• Concessions at Movies & Events
• Check-In Table at Movies & Events
• Answer Phones in our Office
• Marketing & Design

Please contact Amy Wagliardo at amy@gorotoncenter.org or call us at 847-234-6060 for more information on Volunteer opportunities.
Flexible Childcare

As the leading advocate for eliminating domestic violence in northern Illinois for the past 41 years, A Safe Place is dedicated to saving and transforming the lives of domestic violence victims and their children. A Safe Place provides services for survivors throughout the entire journey of healing, including a 24-hour crisis line, on call crisis response, case management, legal advocacy, emergency shelter, individual and family art and group therapy, transitional and permanent housing, advocacy, outreach and supportive services, mentoring for adolescent boys, supervised custody exchanges and family visitations, education for teens on healthy relationships, community education, and intervention services for abusers to learn accountability for their choices and actions. A Safe Place moved into the Gorton Center and hosted an open house in June of 2018, reaching capacity within two weeks of the event, and has since made an incredible impact on the lives of countless individuals and survivors. Nancy Dunsey, the Director of Southern Lake County Services, has a comforting, feels-like-home space for clients to receive the support that they need – “we have loved being a part of the Gorton Center, which is a thriving community building and one where survivors can come and receive services without fear”.

It is our goal that by learning more about domestic violence, its causes, and appropriate responses, we can encourage a whole-community response to the domestic violence in our midst, breaking the cycle of domestic violence, thus creating safe and healthy communities.

For more information about A Safe Place, our programs, or our many fundraising events, please visit us at www.asafeplacechicagoland.org or call us at 847-731-7165. We are a 501(c)(3) non-profit organization, and there are many ways that you can get involved, whether through donations, volunteering your time, or spreading awareness. You can reach Nancy Dunsey directly at 847-731-7165 ext. 111.
UPCOMING EVENTS AT GORTON

SEPTEMBER
7  GLASA Twilight Run | 4:45 pm
8  Lake County Film Festival | 12:00–8:00 pm
10 Grotto Tickets go on sale | 10:00 am
12 Talking Baseball with Ryne Sandberg, Bill Bartrumay & Alan Nero | 7:00 pm
14 ACT Prep Course | 9:00 am–1:00 pm
14 Gorton’s Annual Block Party & Outdoor Movie Spider-Man: Into the Spider-Verse | 5:30 pm
19 League of Women Voters Presentation by David Alexrod | 7:00 pm
21 ACT Prep Course | 9:00 am–1:00 pm
21 Lake Forest Symphony Opening Night Performance and Concert | 7:30 pm
22 Lake Forest Preservation Foundation’s Annual Architectural House & Garden Tour | 1:00–5:00 pm
22 Lake Forest Symphony “Tchaikovsky’s Concerto for Violin” | 2:00 pm
25 Greater Good/Kellogg Workshop Series: How to Find and Obtain Resources for your Organization | 8:30 am–2:30 pm
27 Grotto Dance | 7:00 pm
28 ACT Prep Course | 9:00 am–1:00 pm
28 Film Screening Bird of Prey by Wildlife Discovery Center
29 PAWS Adoption Day | 2:00–4:00 pm
29 Lake Forest Reads Ragdale: The Normal Heart co-presented with the Lake Forest Library | 4:00 pm

OCTOBER
2  Jazz & Jokes Comedy Show hosted by Bravo Waukegan | 6:30 pm Jazz, 7:30 pm Comedy
3  First Thursdays: MANHATTAN SHORT Film Festival 11:00 am & 7:00 pm
4  Lake Forest College Musical Concert
5  ACT Prep Course | 9:00 am–1:00 pm
5  Toby Lightman Live in Concert | 8:00 pm
6  Lake Forest Civic Orchestra “Romance and Renunciation”
12 ACT Prep Course | 9:00 am–1:00 pm
12 & 13 Citadel Theatre for Young Audiences Winnie the Pooh
12 THE BETTY BASH! - Mothers Trust Annual Fall Fundraiser | 6:00 pm–11:00 pm
13 From Stage to Screen: Hook co-presented with the Citadel Theatre | 4:00 pm
15 Community Film Forum | 7:00 pm
16 Greater Good / Kellogg Workshop Series: Major Gifts Solicitation Strategies | 8:30 am–2:30 pm
17 Renowned Author Dr. Marc Weissbluth on Prevention and Treatment of Your Child’s Sleep Problems | 6:30 pm
19 Miss Northern Suburbs Teen Competition

NOVEMBER
2  Truth Be Told: A Night of Personal Storytelling Doors Open 7:30 pm
2  Animal Education & Rescue Gala Dinner Fundraiser
2  PASTA performance Roald Dahl’s The Witches
6  Greater Good celebratory luncheon
7  First Thursdays | 11:00 am & 7:00 pm
8  Lake Forest Symphony Salon Series: Prána Duo
9  House of Peace Fundraiser: Rock for Peace | 6:00 pm
10 Kartemquin Presents: Left-Handed Pianist | 4:00 pm
12 Red Cross Blood Drive | 11:00 am–4:00 pm
12 Community Film Forum | 7:00 pm
16 The Best of Second City | 7:30 pm
17 Lake Forest Civic Orchestra “Heroes”
23 & 24 Kidstage Production
22 Fa-La-La Film Fest: Planes, Trains & Automobiles 7:00 pm
29 Fa-La-La Film Fest: Home Alone & Followed by LF Tree Lighting Ceremony | 7:00 pm

DECEMBER
2  LoMastro “Making Spirits Bright” Disney Troupe Preview Performance
4  Kids Only Holiday Shop 2:00 pm sensory shopping hour & 3:00 pm boutique
5  First Thursdays: Sundance Shorts Tour 11:00 am & 7:00 pm
7  PASTA performance ’Twas the Night Before Christmas
8  From Stage to Screen: Oliver co-presented with the Citadel Theatre | 4:00 pm
12 Chris White Trio-Peanuts Jazz | 7:30 pm
14-15 CenterStage “It’s a Wonderful Life Radio Show”
14 Irina Makkai “The Nutcracker”
15 Gingerbread Decorating Party | 1:00–3:00 pm
17 Fa-La-La Film Fest: Elf | 11:00 am & 7:00 pm
20 Fa-La-La Film Fest | 11:00 am & 7:00 pm
20 Lake Forest Symphony Salon Series Holiday Brass
21 The Community Church of LF LB Longest Day Service | 5:30 pm
27 Fa-La-La Film Fest: Die Hard | 7:00 pm
28 Warren Miller Entertainment Presents Timeless 1:00 pm & 5:00 pm

For more details and to purchase tickets visit www.gortoncenter.org