It’s a New Year, a time for fresh starts and new beginnings. It’s also January, time to hunker down and cozy up. Whatever your state of mind, there’s something happening at Gorton to match it. Whether it’s our new tai chi classes, Mountainfilm on Tour, or a Cabin Fever Music concert, we hope you’ll find something to pique your interest this winter and spring at Gorton! We look forward to seeing you.

Warmly,
Amy Wagliardo, Executive Director

DON’T MISS THESE EVENTS

JANUARY 14: RED ROSE JAZZ BAND
Come enjoy this annual highlight – Red Rose Jazz Band returns to present the very best of ragtime and early jazz to our community. Get your tickets early, as this always sells out!

4pm

JANUARY 18: MANAGE YOUR FINANCIAL LIFE: AUTHOR TALK W/ NANCY DOYLE
An author visit and discussion of the book “Manage Your Financial Life: A Thoughtful, Organized Approach for Women” by Nancy Doyle. This event is co-presented by the Ladies of LB/LF Book Club. Nancy has thirty years of experience in wealth management, investments, corporate finance, and consulting. This event is FREE but please register your attendance.

7pm

FEBRUARY 3: TRUTH BE TOLD: A NIGHT OF PERSONAL STORYTELLING
Relax and enjoy being entertained by professional storytellers. Personal storytelling has been so successful at Gorton in the past you will want to secure your tickets early. Guests will experience live, intimate, face-to-face storytelling. Scott Whitehair will once again be headlining the event. Storytellers include Megan Hicks, Philip Earl Johnson, Sheila Arnold Jones, Anne Purky, Jennifer Saito, Minton Sparks, Scott Woldman and Scott Whitehair.

8pm

FEBRUARY 11: CABIN FEVER MUSIC-ALYSSA ALLGOOD
Rising jazz star Alyssa Allgood returns to Gorton for Cabin Fever Music. A regular on the Chicago Jazz scene and recent recipient of a Grammy nomination, she and her combo will bring their soothing and uplifting sounds to the Stuart Community Room.

4pm

FEBRUARY 25: CABIN FEVER MUSIC-DON STIERNBERG
Don Stiernberg and his band will return to Gorton to celebrate all that is bluegrass on the Cabin Fever Music Series! Currently Don is regarded as a leading mandolin stylist, and a respected teacher. He has released nine recording projects and appears on countless others in various styles, and has performed coast to coast as well as in Germany and Brazil. Come see this dynamic bluegrass band and enjoy the sounds of banjo, guitar, bass and mandolin!

4pm

SPOTLIGHT ON... LEAD

Meet one of Gorton Community Center’s 11 resident non-profit organizations. LEAD is a substance abuse prevention organization that seeks to engage the community by providing education & resources that encourage healthy lifestyle decisions and to present an encompassing, unwavering, community expression of care. LEAD utilizes evidence-based practices to determine risk and protective factors associated with the varying complex reasons that can influence risky behaviors.

LEAD’s team approach focuses on positive messaging and calls to action. Their involvement with the Lake County Opioid Initiative (LCOI), as well as their youth & adult programming, enhance protective factors while presenting an ongoing process of education with fresh ideas and best practices to keep our community aware of social trends of drug & alcohol usage.

Their Text-A-Tip text-based platform seeks to meet youth where they are and help resolve any issue they are facing in real-time with safe, anonymous, 24/7 support by licensed clinicians. This groundbreaking service is the only one of its kind nation-wide and is currently available to 7 million people. This service, along with information about the ‘A Way Out’ program, Overdose Education & Naloxone Distribution (OEND), and drug disposal locations, can be accessed through the Lake County Help app, one of several mobile apps developed by LEAD and available for free download in both the App Store and Google Play.

LEAD is also initiating the first Youth SMART Recovery meeting in the area this December! This self-help youth addiction recovery program facilitates the tools and resources necessary to alter unhealthy habits to overcome current life challenges.

For any questions on LEAD’s programming & services or to schedule a presentation, please visit www.leadingefforts.org or call (847) 295-9075.

DON’T MISS THESE EVENTS CONT.

MARCH 11: CABIN FEVER MUSIC-CATHY GLICKMAN
From classic rock and pop classics like “Blue Bayou” and “Desperado” to her jazz standards, opera, country and Spanish departures, the equally diverse Cathy Glckman shares her similarities with the iconic Linda Ronstadt and celebrates her journey. Special guest Becky Menzie will perform on piano.

4pm

MARCH 25: SPRING AT GORTON. We look forward to seeing you.

APRIL 8 – MOON MOUSE FROM LIGHTWIRE THEATER
Gorton is thrilled to debut Moon Mouse from Lightwire Theater. Join us for this beautiful and innovative theatrical production and cosmic adventure about celebrating differences. Perfect for children age 3-10.

Two Shows, 11am & 3pm
Meet Debbie Rukstales! Debbie is a Teacher Assistant in the 2s/3s room. Debbie is very happy to be a part of the Gorton Drop In staff. Her favorite activities to do with 2s and 3s are putting up puppet shows, narrating flannel board stories, and making Play-Doh creations. Debbie has a knack for making the children in the classroom feel extra special and cared for. She has a B.A. in Literature from the University of California, Santa Cruz. She is currently working on her infant/toddler certificate at CLC. She lives in Gurnee with her husband and 4 teenagers. In her free time, she enjoys movies, books, and being outdoors. She also loves frappuccinos, the color green and her favorite children’s book is The Snowy Day.

**AROUND TOWN**

January 10 - The Girl Reporter: Tracing the role of women at the Chicago Tribune with presenter Laurie Russell at Dickinson Hall
January 15 - Lake County Cares, MLK Day of Service All ages welcome to a day of volunteer opportunities to help local nonprofits. 10am - 1pm.
January 16 - Age Spectacularly: Food Network Celebrity Chef Gale Gand Dickinson Hall
January 19 - Lake Forest Firefighters’ Chili party Dickinson Hall
January 20/21 - Lake Forest Symphony Sisters in Song featuring Nicole Cabell & Alyson Cambridge, James Lumber Center Jan. 20, 8pm & Jan. 21, 2pm
January 29 - Youth at high risk for schizophrenia and spectrum disorders
Meyer Auditorium at Lake Forest College 4:15 pm

**FILMS**

**January 4** - Gene Siskel: Dawson City Frozen Time 7pm
**January 12** - The Film Series at Gorton Top Gun 7pm
**January 26** - Mountainfilm on Tour
  Dirtbag: The Legend of Fred Beckey 7pm
  Director/producer David O'Leske in attendance
**January 27** - Mountainfilm on Tour Best of Fest Shorts 7pm
  LF Open Lands hosting a wine & cheese reception at 6:30pm
**January 28** - Mountainfilm on Tour Family Shorts & Environmental Expo 2-4pm

February 1 - Gene Siskel Floyd Norman: An Animated Life 7pm
February 9 - Kartemquin presents All the Queen’s Horses
  Q&A after the 7pm screening with 11am & 7pm screenings
  director/producer Kelly Richmond
  Pope & Dixon city lawyer Devon Bruce.
February 16 - The Film Series at Gorton It Happened One Night 7pm
February 27 - 2018’s Oscar nominated short films 7pm

March 1 - Gene Siskel: Wasted: The Story of Food Waste 7pm
March 6 - One Earth Film Festival Happening: A Clean Energy Revolution 7pm
March 16 - Kartemquin presents 63: Boycott and Edith & Eddie
  panel discussion afterwards 11am and 7pm screenings

April 5 - Gene Siskel Faces Places 7pm
April 20 - Science on the Screen Jens Jensen: The Living Green Panel discussion afterwards 11am & 7pm
April 26 - The Film Series at Gorton Sixteen Candles 7pm

**CHILDREN’S DROP-IN LEARNING CENTER**

Drop-In Learning Center reopens after Holiday Break at 8:35 on 1/3/18
1/3 Amazing Minds Session starts today for 8 weeks $210 for 3 to 5 year olds. Children explore one subject in depth per week, anything from whales to New York City.
1/15 Closed for MLK Jr. Day
2/16 Closed for Parent/Teacher Conferences
3/22 Spring Mini-Camp---Tulip theme $95 includes lunch Closed 3/23 to 4/3 for Spring Break

There are so many wonderful, friendly faces in the Drop-In Learning Center but with the rush of running in and out, who has time to really get to know these amazing teachers.

Meet Debbie Rukstales! Debbie is a Teacher Assistant in the 2s/3s room. Debbie is very happy to be a part of the Gorton Drop In staff. Her favorite activities to do with 2s and 3s are putting on puppet shows, narrating flannel board stories, and making Play-Doh creations. Debbie has a knack for making the children in the classroom feel extra special and cared for. She has a B.A. in Literature from the University of California, Santa Cruz. She is currently working on her infant/toddler certificate at CLC. She lives in Gurnee with her husband and 4 teenagers. In her free time, she enjoys movies, books, and being outdoors. She also loves frappuccinos, the color green and her favorite children’s book is The Snowy Day.

Gorton’s 2018 Greater Good Project will team up with Kellogg School’s Center for Nonprofit Management at Northwestern University to present a series of lectures and workshops around the topic of leading through communication. Topics will include Telling Your Story: Strengthening Skills for Impact, Effective Branding for Your Organization, Stakeholder Mapping and Messaging, Whole Brain Communication, Public Speaking and Strategic Media Management. All classes will be taught by Northwestern faculty and will be held at Gorton. Dates, times and speakers will be available early in 2018 on our website.

The Greater Good Project, launched in 2015 and funded by The Grainger Foundation, was created to support the growth and professional development through to the implementation stage of the Lake County Non-Profit ecosystem. The intention is to nurture and expand these organizations through relevant speaker series, workshops, and individual professional coaching and networking events.

The Greater Good Project is made possible through the generous support of The Grainger Foundation, Lake Forest.
Please visit www.fillaheart4kids.org and select Volunteer link to see available dates and sign up.

Fill A Heart 4 Kids needs help with their Survival BackPacs, Project Valentine, and Project Bunny. Please visit www.fillaheart4kids.org and select Volunteer link to see available dates and sign up.

**April**

- Gene Siskel Film Center Series: Dawson City: Frozen Time
- Lake Forest Caucus meeting
- Registration opens for Summer PASTA program: The Lion King
- Health & Wellness Seminar – EXERCISE
- The Film Series at Gorton: Top Gun
- MooNIE & BrooN Show in John & Nancy Hughes Theater
- Red Rose Jazz Concert
- Lake County Cares’ MLK Day of Service
- Manage Your Financial Life – Author Talk with Nancy Doyle
- Lake Forest Caucus meeting
- League of Women Voter’s LF/LB Gerrymandering Presentation
- Lake Forest Symphony Salon Series – “A Night at the Opera”
- Mounta

**January**

1. Gene Siskel Film Center Series: Floyd Norman: An Animated Life
2. An Afternoon with Medium Thomas John and Journalist Jennifer Weigel
3. Truth Be Told: A Night of Personal Storytelling
4. Lake Forest Caucus meeting
5. Health & Wellness Seminar – HEALTHY EATING
6. Kartemquin presents All the Queen’s Horses
7. Jazz Singer Alyssa Allgood – Cabin Fever Music Series
8. The Film Series at Gorton: It Happened One Night
9. Lake Forest Caucus meeting
10. Animal Communication with Linda Roberts
11. Improv Mixer
12. 23 & 24 Lake County Bar Association Productions
13. Bluegrass with Don Stiernberg – Cabin Fever Music Series
14. Rochelle Zell Jewish High School Music Recital
15. 2018’s Oscar Nominated Short Films

**February**

1. Gene Siskel Film Center Series: Wasted: The Story of Food Waste
2. Lake Forest Symphony Salon Series – “Metropolis Oboe Quartet”
3. Lake Forest College Band, Orchestra and Chorus Concert
4. Miss Lake County Pageant
5. Little Miss and Junior Miss Lake County Pageant
6. Lake Forest Caucus Meeting
7. One Earth Film Festival: Happening: A Clean Energy Revolution
8. Health & Wellness Seminar – DEVELOPING A FOOD PLAN
9. Lake Forest High School Booster Club Fundraiser
10. Lake Forest Civic Orchestra “Slava! Russian Favorites”
11. Cathy Glickman with Beckie Menzie – Cabin Fever Music Series
12. Safety Town Registration Opens
13. Kartemquin presents 63’ Boycott and Edith & Eddie
14. Active Improv Jr Showcase Performance
15. Lake Forest Caucus Meeting
16. Lake County Voting
17. Deerpath Art League Jury Judging for Labor Day Art Show

**March**

1. Lake Forest Caucus Meeting
2. Gene Siskel Film Center Series: Faces Places
3. House of Peace Fundraiser
4. Moon Mouse: A Space Odyssey
5. Lake Forest Caucus Meeting
6. Health & Wellness Seminar – CRAVINGS & WILLPOWER
7. KidStage Presents “The Little Mermaid Jr”
8. Lake Forest College Presents “Pitch It!”
10. Lake Forest Dance Academy Recital
11. Lake Forest Caucus Meeting
12. The Film Series at Gorton: Twenty Years Later
13. Lake Forest College Spring Concert
14. Improv Mixer
15. 28 & 29 KidStage Presents “Broadway”

**Reasons to Give to Gorton**

- When asked why the Aluttos give to Gorton, their answer is simple, “Gorton has been such an important place for us in our seven years living in Lake Forest. We have enjoyed many offerings, from using the Drop-In Learning Center for our youngest (years ago!), to taking computer and fencing classes or just enjoying volunteer opportunities for our teens such as Safety Town.

- Through all of the various organizations, classes and events that we have attended at Gorton, we have been able to experience all that we love best about our community!”

- Our Friends Room was recently renovated to accommodate dance classes by LoMastro Performing Arts Academy. This corner room still has its soaring ceilings and beautiful windows, but now it’s equipped with wood grain vinyl flooring and a mirrored wall which can be covered with the installed curtain when not in use. The room is perfect for a variety of uses including meetings, presentatations, small receptions and exercise classes.

- Please contact the Event Coordinators, Krista Hanson or Martha ReQua to discuss your event needs and goals at 847-234-6060.
YOUTH CLASSES CONT.

FAMILY DINNER ETIQUETTE FOR MODERN FAMILIES – WITH THE CHICAGO SCHOOL OF ETIQUETTE
Saturday, February 17, 12:00 – 1:30pm
Fee: $65 Per Person, includes lunch
The Etiquette School of Chicago’s class provides tips that are easy to teach, learn and practice regularly, until they become second nature. You will learn: Setting the dinner table, arriving at the dinner table, no electronics, serving food properly, messy eating, holding and using utensils correctly, choosing real life topics of conversation, speaking respectfully, not talking with food in your mouth and more.

SOCIAL & DINING ETIQUETTE FOR CHILDREN – WITH THE CHICAGO SCHOOL OF ETIQUETTE
Sunday, April 8th, 11:30am – 1:00pm
Ages: 7-12
Fee: $95
Interactive, dining etiquette tutorial with age appropriate social skills: table manners, meeting new people, posture, conversation skills and cell phone etiquette.

I BUILT IT! WOODWORKING FOR KIDS
Two, 4-week classes: Wednesdays, February 7 – 28 & March 7 – 28, 4:00pm – 5:20pm
Ages: 5-8
Fee: $140 Per Class
This workshop provides hands-on woodworking experiences that allows children to use real tools to construct structures such as a tool box, rope ladder, doll crib, bat and ball holder and much more. Children are instructed in tool safety and use protective gear, while having support and guidance from start to finish. The class begins with each child making their own tool box with which to carry material and tools needed throughout the weeks.

EARLY ACHIEVERS ENRICHMENT PROGRAM – MATH
Thursdays, January 18 – February 22
Ages: 2.5 – 4 y/o @ 9:30am – 10:30am & 4-5 y/o @10:30am – 11:30am
Fee: $120
This 6-week enrichment course will enable your early achiever to get off on the right foot in math. Younger students are engaged by playing interactive games which cover topics such as number recognition, sequencing, measurement and basic addition and subtraction using objects. And older students are exposed to subject matter such as skip counting, place value, and word problems in a fun interactive environment.

EARLY ACHIEVERS ENRICHMENT PROGRAM – SCIENCE
Thursdays, March 1 – April 5
Ages: 2.5 – 4 y/o @ 9:30am – 10:30am & 4-5 y/o @10:30am – 11:30am
Fee: $120
Through fun, interactive, and challenging group experiments, your little achiever will be exposed to the sciences, allowing them to get a jump start on their passion for STEM. This 6-week course allows students to participate in hands on activities that introduce scientific concepts.

SYLVAN STEM CLASSES: STEM STARS – ROBOTICS, CODING, MATH & SCIENCE
(4 Separate Classes) Saturdays, January 6 – 27, February 3 – 24, March 3 – 4 & April 7 – 28, 9:30am – 12:30pm
Ages: 1st – 3rd Grades
Fee: $199
Your child’s day will consist of 1 hour of Lego Robotics, a dive into engineering that allows students to create animated robots out of Lego pieces, 1 hour of Tynker Coding & Game Design, a gamified entry into programming that allows your child’s imagination to create real live video games they can play with their friends, and 1 hour of Math Edge, a fun take on math where kids work together in a group to solve math puzzles and problems.

STEM ACADEMY
(4 Separate Classes) Saturdays, January 6 – 27, February 3 – 24, March 3 – 4 & April 7 – 28, 9:30am – 12:30pm
Ages: 4th – 6th Grades
Fee $199
Your child’s day will consist of 1 hour of Lego Robotics, a dive into engineering that allows students to create animated robots out of Lego pieces, 1 hour of Tynker Coding & Game Design, a gamified entry into programming that allows your child’s imagination to create real live video games they can play with their friends, and 1 hour of Math Edge, a fun take on math where kids work together in a group to solve math puzzles and problems.

YOUTH CLASSES

SUPER SOCCER STARS
Fridays, January 12 – March 23
Ages: 12-24 mo: 10am – 10:40am
2-3 y/o: 3:30pm – 4:10pm
3-4 y/o: 4:15pm – 5:00pm
Fee: $180
All Super Soccer Stars classes are based on age-specific curricula created by a combination of early childhood, soccer, and behavioral specialists to guarantee that each child is learning and having a blast from the moment the whistle blows.

SUPER SOCCER STARS MINI DAY CAMPS
MLK Jr. Day, Monday, January 15, 9:30am – 12:00pm
President’s Day, Monday, February 19th, 9:30am – 12:00pm
Ages: 2.5 – 5
Fee: $45

CHILDREN’S YOGA – WITH REBECCA JEFFERS
Fridays, January 26 – March 9, 12:30pm – 1:30pm
Ages: 3 & 4
Fee: $15 Per Class
Creative and fun Exploration into yoga fundamentals nurturing mind, body soul connection.

ACTIVE IMPROV’S JR. SHOWCASE
Tuesdays, January 23 – March 13, 4:30pm – 7:30pm
Ages 10 – 14
Fee: $250
Improv teaches creativity, communication skills and leadership so join your fellow teammates as Active Improv’s Ben and David take you on an eight week short-form improv training course, culminating in a live showcase at the John and Nancy Hughes Theater!

ADVANCED FASHION SEWING TECHNIQUES
Thursdays, January 25th – March 15th, 4:30pm – 5:30pm
Ages 8-13 (Beginners)
Fee: $160
New projects each session! Combine the basic techniques of hand sewing and machine sewing in this eight-week course. This class is great for new and returning students. You’ll learn basic stitch techniques by hand and you’ll learn how to use the sewing machine.

FASHION SEWING TECHNIQUES WITH CIAO BELLA SEWING
Thursdays, January 25th – March 15th, 4:30pm – 5:30pm
Ages 8-13
Fee: $170
During this advanced fashion class, students will learn the ins and outs of patterns and advanced sewing skills. We will work on projects that challenge student’s sewing abilities and will allow students to gain a better understanding of sewing and patterns. This class is for students who have knowledge using the sewing machine & have taken Fashion Sewing Techniques 1.

BUBBLES ACADEMY SESSION 1
Tuesdays, January 9 - February 27
Fee: $200 for full session, $27 for single day drop in class
Music & Movement Walkers 2-3 y/o: 9:30am – 10:00am
Music & Crawlers + Babies 0 - 15 months: 10:00am – 11:00am
Fee: $65 Per Person

BUBBLES ACADEMY SESSION 2
Tuesdays, March 6 - April 24
Fee: $200 for full session, $27 for single day drop in class
Music & Movement Walkers 2-3 y/o: 9:30am –10:00am
Music & Crawlers + Babies 0 - 15 months: 10:00am –11:00am
Fee: $120 Per Person

FENCING WITH MIDWEST FENCING CLUB
Two, 6-week classes: Mondays, January 29 – March 5 & March 12 – April 18, 5:00pm - 6:00pm
Ages: 7 -14
Fee: $216
EN GARDE, PRÊT? ALLEZ! The Olympic sport of fencing demands quick thinking, agility, poise and speed. Fencing also develops discipline, respect, maturity and good sportsmanship, qualities that carry through to our everyday life. This class is for those new to fencing or those who would like to work on the basic fencing skills.

ROBOTHINK SPRING CLASS
Thursdays, February 8 – March 29, 4:00pm – 5:30pm
Fee: $204
RoboThink offers academically oriented STEM programs focusing on robotics and coding for budding, intermediate, and/or advanced students. Armed with motors, sensors, gears and mainboards, students build and code robot creations of all shapes, sizes and functions! Each session, students are introduced to engineering and coding concepts through our trained instructors and STEM workbooks.
YOUTH CLASSES CONT.

JAVA CODING
March 3 – 4 & April 7 – 28, 9:30am – 12:30pm
Ages: 5th – 8th Grades Fee: $199
An introduction to JavaScript for intermediate or advanced coders in middle school. In this advanced lesson plan, students will be introduced to JavaScript as they complete engaging lessons, solve challenging puzzles, and build their own games in JavaScript. This course is ideal for students who have already completed at least one Tynker course and are comfortable with the basics of programming logic and computational thinking. This course will help them transition to JavaScript and adapt to the additional challenges of text-based syntax.

PYTHON CODING
March 3 – 4 & April 7 – 28, 9:30am – 12:30pm
Ages: 5th – 8th Grades Fee: $199
An introduction to Python for intermediate or advanced coders in middle school. In this advanced lesson plan, students will be introduced to Python as they complete engaging lessons, solve challenging puzzles, and build their own games in Python. This course is ideal for students who have already completed at least one Tynker course and are comfortable with the basics of programming logic and computational thinking. This course will help them transition to Python and adapt to the additional challenges of text-based syntax.

SYLVAN ACT PREP COURSE FOR APRIL EXAM
Sundays, February 25 – April 8, 10:00am – 1:00pm
Ages: 9th – 12th Grades Fee: $695
Sylvan’s ACT Prep Course helps your teen master the skills needed to score well on the ACT. The course improves a student’s strategic reading skills, advanced math skills, overall test taking strategies and builds confidence to succeed with advanced coursework and tests.

SYLVAN ACT/SAT PRACTICE EXAMS
Four Exams: Saturdays, 1/27, 2/24, 3/24 and 4/7, 9:00am – 12:00pm
Ages: 9th – 12th Grades Fee: $20 Per Exam
Sylvan can get you ready for the SAT or ACT and build the skills needed to thrive in college. The first step is to take a full-fledged SAT or ACT practice test. Afterwards, your teen will get a personal evaluation of performance along with suggestions on how to improve test scores.

READY. SET. HIGH SCHOOL SUCCESS! – TEST PLANNING & PREP CLASS
February 24, 1 – 3:15pm Fee: $75
Doing homework alone isn’t enough to succeed on in-class tests. Sign up your son or daughter – they will learn how to study for tests, how to prepare for different kinds of tests and get tips to reduce test anxiety.

ADULT CLASSES CONT.

HEALTH & WELLNESS SEMINAR BY SPARK AND MARSHALL’S 584
Thursday, January 11 – Daytime 115 – 215pm & Evening 6:30 – 7:30pm Fee: $15 Per class
Simple steps to a healthier you! You will learn how to set realistic goals and how to make gradual changes. Over time, these changes add up to a permanent lifestyle transformation.

MORNING YOGA – WITH KRISTY HARLEY
Tuesdays, January 9 – April 10 (No classes March 27 & April 3), 10:00am – 11:00am Fee: $15 Per Class or $180 Full Package
Relax, Renew and Recenter. Classical Hatha poses, meditation, breathwork and deep relaxation. Unite your mind and body in a spiritual transformation. You will tone and elongate your muscles while freeing your thoughts. Yoga has been an integral part of a complete wellness approach for centuries.

EVENING YOGA – WITH REBECCA JEFFERS
Mondays, January 22 – March 5, 6:30pm – 7:30pm Fee: $15
Multi-level class with a strong focus on alignment and breath nurturing greater relaxation, joy and beauty.

PELVIC FLOOR YOGA - PRE & POST NATAL (WITH BABY)! – WITH REBECCA JEFFERS
Fridays, January 26 – March 9, 11:30am – 12:30pm Fee: $15
The main focus of this class is on the pelvic floor muscle group and how it relates to the rest of the body. Pregnancy and baby are not a requirement. Anyone interested better control from the belly button down is welcome!

COOKING AT FROGGY’S
Wednesdays, January 10, February 10 and March 14, 6:00pm Fee: $65

REIKI – WITH LINDA ROBERTS
Thursdays, January 18 – February 1, 7:00pm – 8:30pm Fee: $20
Reiki is beneficial for relieving stress, inducing relaxation, releasing emotional blockages, and accelerating natural healing while balancing the body, mind, and spirit. It is complementary and supportive of traditional therapies, as well as, utilized in hospitals & hospices. Reiki is a relaxing treatment whereby natural healing vibrations and energy are transmitted through the hands of a Reiki practitioner to the recipient.

IMPROV JAM WITH ACTIVE IMPROV
Fridays, 1/26, 2/23, 3/30 and 4/27, 6:00pm – 8:00pm Fee: $25 Per class
Join up with old and new friends for Active’s annual Improv Jam! Learn new games in a fun, relaxing environment. This is a great way to introduce yourself to the wonders of improv!

COMPUTER CLASSES – WITH LORI TISINAI (5 WORKSHOPS): EXCEL:
IMPRESS YOUR WORK PLACE – LEARN KEY FEATURES OF EXCEL 2016
Tuesday, January 30, 9:00am - 12:30pm Fee: $85

CYBER SECURITY: HOW TO PROTECT YOUR PC/MAC & PERSONAL INFORMATION
Tuesday, February 6, 6:30 pm – 8:30 pm Fee: $30

MAC OS HIGH SIERRA TRAINING: LEARN FUN TIPS AND TRICKS ON YOUR MAC
Tuesday, Feb 27, 9:00am -12:30pm Fee: $85

IPAD: GETTING THE MOST OUT OF YOUR TABLET
Thursday, March 15, 9:00am - 12:30pm Fee: $85

WORD: IMPRESS YOUR WORK PLACE – LEARN KEY FEATURES OF WORD 2016
Tuesday, March 20, 9:00am - 12:30pm Fee: $85

ADULT IMPROV CLASS WITH ACTIVE IMPROV
Wednesdays, February 7 – 28, 6:00pm – 8:00pm Fee: $180
Join us at the Gorton Center for our introduction to improv class! Laugh and grow as you learn the basics of improv comedy.

CAMERA PHONE PHOTOGRAPHY – WITH KERRI SHERMAN
Wednesday, February 7, 10:00am - 11:00am Fee: $30
Now more than ever, the smart phone camera is a convenient high quality lens used to easily take and edit terrific photos, plus seamlessly print or publish digitally. Led by Kerri Sherman, owner of Bloom & Focus - a north shore lifestyle photography studio - this fun class will be a game changer in enhancing your everyday phone camera images.

NEW

DRINKING THROUGH THE DECADES WITH NORTH SHORE DISTILLERY
Tuesdays, 3/6, 4/3, 5/1 and 6/5
Fee $30 per class or $100 for package of all four
Join us and Sonja Kassebaum, one of the founders of North Shore Distillery (and an avid cocktail nerd), for a spirited discussion of the history of cocktails over the last 150 years. Each month we’ll explore and discuss what people were drinking during a specific period of time, starting with the birth of the cocktail in the mid 1800’s. And we’ll incorporate some local history along the way. There are some interesting stories in the history of Lake Forest and Lake Bluff related to cocktails, spirits and Prohibition.

PALETTE & POURS – WITH DEER PATH ART LEAGUE
Fridays, 1/5, 2/2, 3/2 and 4/6, 7:00pm
Ages: 21+ Fee: $50
A night of fun, wine and painting! Grab a friend and join other adults of differing talents for an evening of wine and painting. Sandie Bacon will be teaching this inspiring yet relaxing class at the Deer Path Art League which is housed on the upper floor of the Gorton Community Center. No matter what your talent level, we guarantee you will have an unforgettable experience and a beautiful new piece of original artwork! You may also register directly at http://deerpathartleague.org/
BOOK CLUB: BETWEEN THE COVERS WITH Alice MOODY

Sundays, 2/11, 3/11, 4/15 & 5/13  1:00 – 2:00pm

Ages: 21+

Fee: $130 for series or $35 per class

Love to read? Enjoy a nice glass of wine with your book? Interested in discussing new books and meeting new people? If so, we welcome you to join Alice Moody as she leads a lively and engaging book discussion exploring contemporary fiction and non-fiction. Books include: February: Lincoln in the Bardo, March: Little Fires Everywhere by bestselling author Celeste Ng, April: Beartown by the author of A Man Called Ove, May: The Heart’s Invisible Furies by John Boyne.

KNIT ON! WITH Gretchen Seymour

Instructor: Gretchen Seymour

This series is offered for no cost and includes 20 minutes of meditation along with insights, thoughts, and Q & A.

The purpose is to provide a scheduled time and place for individuals to begin, sustain, and get inspired for a regular practice of meditation. Each week will include 20 minutes of meditation along with insights, thoughts, and Q & A. This series is offered for no cost.

PARENTING BROWN BAG LECTURE SERIES

Weekdays at 12 noon, dates TBD.

Come together and learn from experts on topics germane to parenting young children. Topics will include food allergies, mindfulness for students, children and the media, online safety and more. Lectures are monthly.

WELCOME TO THE EMPTY NESTERS CLUB LECTURE SERIES

Weekdays at 10am and 7pm, dates TBD.

Come together to learn from experts on topics interesting to those transitioning from parenting to the next stage of life. Topics will include managing parenting of children and caring for aging parents, planning for your future care, mindfulness, caring for friendships, housing choices and more. Lectures are monthly.

DANCE FOR CHILDREN WITH SPECIAL NEEDS AND LEARNING DIFFERENCES

New session of Rhythm Works Integrative Dance for children with special needs and learning differences age 3-18. New session begins February 8 thru May 18.

LOMASTRO – SATELLITE STUDIO AT Gorton Community Center

NEW Pom classes for K-8th graders begins February 8 thru May 18. Learn and perfect pom skills in this fun class culminating with a classroom performance. Classes on Tuesdays and Fridays at LoMastro’s satellite studio in Gorton Community Center.

PASTA

Mark your calendars – Sign up for Summer 2018 production of The Lion King! Registration opens Wednesday, January 10th at 9:00am!

Performance Dates:

The Selfish Giant: Tuesday, March 6
Charlotte’s Web: Saturday, March 17
Alice In Wonderland: Saturday, April 18

VIOLIN LESSONS

Join Donna Curry to begin or continue the journey of learning to play the violin. Call 647-721-1860 or email at www.DonnaCurryStudio.yolasite.com

PIANO LESSONS

Join Randall Manges to begin or continue making beautiful music on the piano. Email mangesx4@aol.com

DEER PATH ART LEAGUE

Located on the 2nd floor of Gorton Community Center

New this winter: Glassblowing, joy of painting, oil/still life, and one-of-a-kind notecards. Ongoing favorites include Palette & Pours, After School Art Club, watercolor techniques and coming soon is Painting en plein air.

To register visit www.deerpathartleague.org

CENTRER STAGE

As Gorton’s oldest tenant, CenterStage is proud to announce their 2018 Summer Musical will be the 2008 blockbuster hit SHREK THE MUSICAL, based on the animated movie of the same name. SHREK’S fairy tale story and hit score will delight audiences of all ages. CenterStage will be seeking actors of all ages as well as backstage and production staff members from high schoolers to senior citizens.

MIDWEEK MEDITATION IN PARTNERSHIP WITH THE COMMUNITY CHURCH

Wednesdays at 6:30am & 9:00am

All are welcome to attend Midweek Meditation regardless of prior experience. The purpose is to provide a scheduled time and place for individuals to begin, sustain, and get inspired for a regular practice of meditation. Each week will include 20 minutes of meditation along with insights, thoughts, and Q & A. This series is offered for no cost.

Gorton Community Center, Winter 2018